Oiling
• Apply some petroleum jelly or moisturizing lotion to prevent the feet from cracking.
• The patient can then wear slippers if available. They should avoid closed shoes immediately after treatment.

Reason: To soften the skin and suffocate the jiggers more.

This process should be repeated 3 times a day for a period of two weeks. After which, the patient can wear closed shoes comfortably to prevent further infestation.

Items
• Basin
• Soap
• Petroleum jelly
• Small towel
• Nail cutter
• Water
• Disinfectant

Reason: Materials needed to treat jiggers.

Preparation
• Identify a patient
• Put water in the basin
• Wear a clean pair of gloves
• Engage in conversation with the infected person. Ask them their name, etc.
• Identify the infected areas

Reason: Get ready for the process.

Washing
• Clean the patient’s feet/hands or infected area in clean water with soap
• Cut the nails short
• Rinse the feet
• Pour the dirty water in the designated area

Reason: Allows you see the extent of infestation.

Treatment
• Soak the cleaned feet/hands or infected area in the potassium permanganate solution for 15 minutes (mixing ratio: 5 liters of water to 1 tablespoon of potassium permanganate)
• Let the feet dry for about 10-20 minutes depending on the weather

Reason: To suffocate the jiggers to death.

Treatment Process